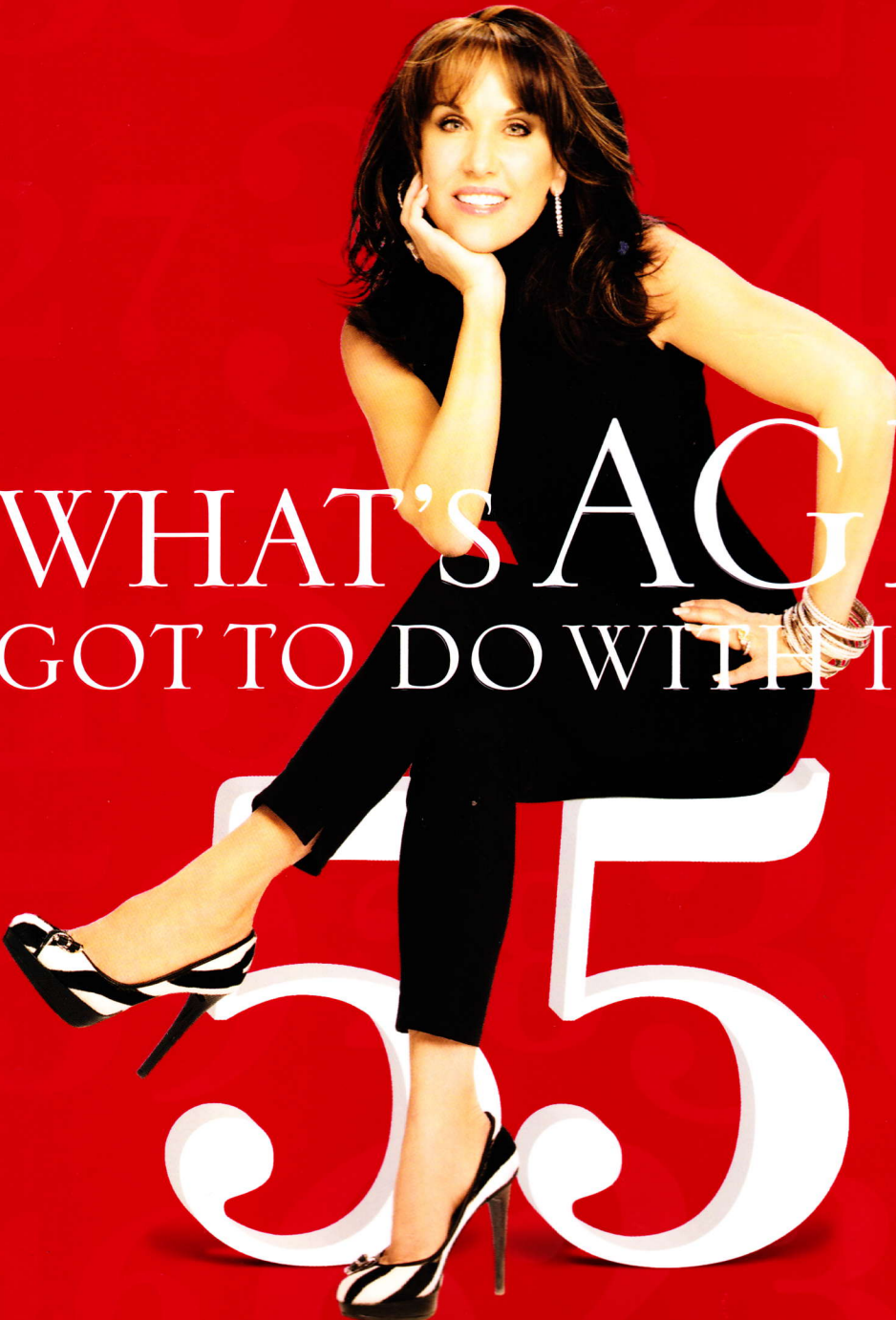


#1 *NEW YORK TIMES* BEST-SELLING AUTHOR

ROBIN MCGRAW

A photograph of Robin McGraw, a woman with long dark hair, wearing a black sleeveless top and black pants, sitting on a large white number 5. She is wearing black and white high-heeled shoes and has her hand on her chin, smiling. The background is a solid red color.

WHAT'S AGE  
GOT TO DO WITH IT?

LIVING YOUR HAPPIEST & HEALTHIEST LIFE

respect women and family has been a blessing. Thanks to you boys for always believing in your mother, especially in this challenge of being an author. You two are my greatest accomplishment and greatest pride in this life.

Thanks also to my wonderful and beautiful daughter-in-law Erica for the enthusiastic support and long conversations about being a young woman and living in today's ever-changing world. I am so proud of you.

As always, a special thanks to my mother-in-law Jerry McGraw for being my greatest fan and always helping me to believe in myself as a wife, mother, and most importantly, a woman. You have always been such an inspiration.

To my sister Cindi, thank you so much for being who you are. You have shown so much grace and courage in the face of unspeakable adversity that you have helped me to keep my life in perspective and never take even one day of my life for granted.

To Brenda . . . Thank you for your loyalty.

In writing a book about women being women, I am blessed to have been surrounded by some great women friends during the writing of this book. A special thanks to my best friend, Janet, for her support and the ability to make me laugh until I cry. And a special thanks to my friends Carla Pennington and Terry Wood for supporting me and helping over the last several years to develop the message that I am so passionate to share. You are all inspirational women, mothers, and professionals. I couldn't have done it without you all.

A special thanks to the tireless and ever excited Michele Bender. You're a woman of great talent and skill and are much appreciated.

I am grateful for the team of experts who so generously gave of their time and attention to this book and for being in my life. Thank