## secret of Play

How to Raise Smart, Healthy, Caring Kids from Birth to Age 12



By Ann Pleshette Murphy

author of The 7 Stages of Motherhood: Loving Your Life Without Losing Your Mind

## **Acknowledgments**

The author wishes to thank Sarah Mahoney, Michele Bender, and Laura Lacy for their assistance with research and writing. And a special thanks to Charles Koppelman, who was the inspiration for this book. Downtown Bookworks would like send special thanks to Patty Brown, Sarah Parvis, and Number 17. Thanks to the following children who modeled for this book:

Lucy Abrams Marta Abrams Nyrah André Ionathan Bender Sofia Bhatti **Ruby Bromberg Fsther Bullock** Simon Bullock Ionas Cruz Tiana Davis **Jackson Deysine** Lucas Deysine Avery Dollard Imogen Gifford Maizy Glassman Jasper Ming Gruswitz Elijah Haylett **Emmanuel Haylett** Hannah Kaplan Kal Katz Morris Katz Nathanael Katz Joaquin Kull Téa Kuzbari Sophia Lam

Adam Lane

Justin Lee

Kaya Leitner

Sophia Leitner Maya Lubetsky Jahmal Marajah Simon Marshall Miles Matthews Ashira Mawii Daelum Mawji Romeo Michelson Madison Mobrav Claire Niumata Mia Platoni Hailev Ramondo Nicholas Ramondo Alexander Reddish Lucas Romero Sierra Romero Nessa Schmitt Kyle Song Bella Steinberg Josiah Stevens Tsion Stevens Roberto Cesar Vidal

Ava Villalba

Maia Villalba

Paris White

Jalen Wright

Thomas Yi

Quentin Wright

Additional Toy Photo Credits: Page 25 rattle: © Adrov Andriy 2007, used under license from Shutterstoo Page 85 football: iStockphoto.com/ Page 109 cone: © 2008 JupiterImag Corporation. Page 116 crayons: © Victoria Short 2 used under license from Shuttersto Page 121 clay: © Camilo Torres 2007 used under license from Shuttersto Page 155 goggles: © 2008 JupiterIm Corporation. Page 158 milk and grapes: © 2008 JupiterImages Corporation. Page 173 bracelets: © 2008 Jupiter Corporation.