It's impossible not to love Matthew McConaughey.

Although it would be quite a task to find anyone who remembers the commercials he appeared in back in the early nineties, his first experience in front of the cameras, the world got their first real look at McConaughey in 1993's *Dazed and Confused*. In the 70's stoner flick, the actor played high school hanger-on David Wooderson, alongside fellow up-and-comers Ben Affleck and Milla Jovovich. Since then, McConaughey has played a variety of roles, from a football coach to a male stripper. The actor is also the proud owner of an Oscar for his recent portrayal of real-life AIDS patient Ron Woodroof in *Dallas Buyers Club*.

McConaughey has that rare gift, when he has something to say, of being almost as entertaining off screen as on. It has made him one of Hollywood's more quotable thespians. He's like the quotable version of Juan Epstein; he seems to have a comment to suit every situation. Take personal appearance for example: "If you want your hair to be thicker, cut it when the moon is about to be full — a heavy, full, waxing moon. Do not cut it when the moon's waning." Not sure Paul Mitchell has ever uttered that one, but maybe we can dig up a similar quote from Lon Chaney Jr.

Of course, once you have the hair set, what do you do about your scent? McConaughey has that covered too: "A man should smell like a man. I haven't worn deodorant in 20 years." Safe to say we won't see him playing the Old Spice sailor in an ad anytime soon. Not that it matters. Of course, when you're that sexy you can afford a little funk every now and then. 2005's Sexiest Man Alive has an out of this world quote on that honor also: "People are going, 'You're the sexiest man in America.' And I'm like, 'No, no—alive!' Those extraterrestrials out there? Those dudes on Mars? They ain't got nothing on me, man. I'm sexy, and I'm alive. Fact!" It's difficult to argue with that logic, although Han Solo may have something to say about that.

Need a crash course in proper Englishese? Take it away Professor McConaughey: "I have my own vocabulary. I love linguistics. That surprises people." How about grammar? "Now, you lose something in your life, or you come into a conflict, and there's gonna come a time that you're gonna know there was a reason for that. And at the end of your life, all the things you thought were periods, they turn out to be commas. There was never a full stop in any of it." Excuse me? Ok, he may have lost us there. Lets try this: "Rollin' through yellow lights on my skateboard. Kiss the fire, and walk away whistlin'." Hmm, on second thought, let us move on.

Is it positive, inspiring advice you require? Want to be your own hero, just not quite this precise moment? Mark your calendar for ten years or so down the road because sagacious Dr. Matthew has your back: "You know who it is? It's me in 10 years. So I turned 25. Ten years later, that same person comes to me and says, 'So, are you a hero?' And I was like, 'not even close. No, no, no.' She said, 'Why?' I said, 'Because my hero's me at 35.' So you see every day, every week, every month and every year of my life, my hero's always 10 years away. I'm never gonna be my hero. I'm not gonna attain that. I know I'm not, and that's just fine with me because that keeps me with somebody to keep on chasing."

So there you have it folks. If you needed more reasons to love Matthew McConaughey, you now have plenty. The most quotable thespian since Shakespeare? Perhaps not yet, but he may be well on his way. Right Matthew? "I was like I didn't know what he said, but he was like you're on a McConaugh-ssance. And he went on, said it's an expression.

I was like, I don't know what that is, but it sounds good." Couldn't have said it better myself.