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Eat, Drink, Sleep: Your Quick Guide to Napa Valley

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A 75-minute drive north affords us San Franciscans access to some of the world's best wineries, hotel resorts and restaurants. It makes a "staycation" seem quite luxurious, no? Below, we've gathered a few wine-country picks for you to drink, eat and sleep -- your Quick Guide to Napa Valley.

Where to Sip:

Kuleto Estate: Founded by restaurateur and vintner Pat Kuleto, the breathtaking [Kuleto Estate](#) overlooks Lake Hennessey and the town of Rutherford. The 2009 Chardonnay and 2006 Estate Cabernet Sauvignon are popular sips.

2470 Sage Canyon Rd., St. Helena; 707-933-3200

Cakebread Cellars: Owning 13 vineyard properties, [Cakebread Cellars](#) has an impressive list of wines. Don't miss the 2009 Chardonnay and 2009 Sauvignon Blanc. Be sure to make an appointment ahead of time.

8300 St. Helena Hwy., Rutherford; 800-588-0298

Schramsberg: For lots of delicious bubbly, head over to [Schramsberg](#). Their sparkling wines have been a longtime favorite. As a testament to their superb quality, the White House has been serving the Crémant Demi-Sec for over three decades.

1400 Schramsberg Rd., Calistoga; 707-942-4558

Where to Eat:

Ad Hoc: Can't afford the French Laundry? Try [Ad Hoc](#), Thomas Keller's cheaper alternative also in Yountville. The \$52 four-course prix fixe is a steal considering the quality of food you're getting. The only caveat is you can't pick what you want -- you're stuck (or lucky) with whatever they're offering that day.

6476 Washington St., Yountville; 707-944-2487

Redd: One of the best Napa Valley restaurants, [Redd's](#) seasonal cuisine contains elements of Asian and Mediterranean influences. The weekend brunch is locally infamous in Yountville.

6480 Washington St., Yountville; 707-944-2222

Pica Pica: Friendly on the wallet, [Pica Pica Maize Kitchen's](#) Venezuelan menu features corn-based street food like sweet cachapas and arepas. Everything is gluten-free, even their yummy yuca fries and dulce de leche alfajores.

Oxbow Public Market, 610 First St., #5, Napa; 707-251-3757

Where to Stay:

Churchill Manor: Located in Downtown Napa, [Churchill Manor](#) is a quaint B&B with a southern charm. The intimate rooms are named after wine appellations and the price can't be beat.

485 Brown St., Napa; 707-253-7733

Milliken Creek Inn: Convenience and solitude are the main highlights of [Milliken Creek Inn & Spa](#). Tucked along the Silverado Trail, this small boutique inn has all the amenities of a larger resort. Get a relaxing massage at their spa or relax in the back garden with a book.

1815 Silverado Trail, Napa; 707-255-1197

Meadowood: One of the most romantic luxury resorts in Napa Valley, [Meadowood](#) is situated amongst 250 acres of trees, hiking trails and hills. The expansive property boasts a spa, tennis courts, gym, pools, executive golf course and a three-star Michelin restaurant.

000 Meadowood Lane, St. Helena; 800-458-8080



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A San Francisco native, Tami loves to write about dining, fashion, beauty and travel. She has also written for AOL Digital City, Caviar Affair magazine and AOL's When.com.

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