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## Summer Spaing: 5 Seasonal Treatments in San Francisco

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Jun 17th 2011 12:00PM / by Tami Yu

Need a little TLC to rejuvenate the body? This summer, we found a few scrumptious spa treatments to de-stress and recharge your soul. So go on, take the plunge and surrender to the bliss.

**SenSpa:** Seeking a holistic twist with your massage? [SenSpa](#) is offering new Master Sessions through August. The Sixth Sense Massage is combined with an intuitive reading to address various aspects of your life, while the Rhythmic Entrainment Massage utilizes shamanic drumming and aromatherapy to stimulate the brain's creativity and problem-solving centers. At the end of the entrainment session, you will take home journal exercises to foster more creativity in all areas of your life.

1161 Gorgas Ave.; 415-441-1777

**Juin Organique:** Hidden away on the third floor of a landmark mansion, [Juin Organique](#) is the newest day spa to hit trendy Pacific Heights. They make their own line of organic skincare and their Micro Current Facelift incorporates ultrasound technology to tighten muscles without getting surgery. Combined with their organic Blueberry Enzyme Peel and CoQ10 & Resveratrol Serum, you are guaranteed a refreshed, youthful complexion.

1801 Bush St., Suite 300; 415-409-2396

**Lash Lab:** If you're craving one-on-one eyelash attention, the new [Lash Lab's](#) speakeasy vibe will deliver exclusive glamor and tranquility. It's so secretive that the beauty bungalow's location won't be revealed until the day of your scheduled appointment. Not only do they have regular lash extensions, they also offer colored and luxurious mink options. They have a couple summer specials coming up, so check their website for more details.

Union St.; 888-406-5274

**Aria Skin & Body:** Yes, you can pamper yourself without breaking the piggy bank. [Aria Skin & Body](#) is offering a seasonal Citrus Pineapple Deep Cleansing Facial at \$20 off the regular price. Featuring results-oriented products from Rhonda Allison, this decongesting treatment includes a shoulder and neck massage, extractions, and a potent pineapple enzyme peel to brighten and smooth out tired skin. This facial is also great for sensitive skin.

660 Market St., 2nd Fl.; 415-250-5340

**Purevana:** Take a quick jaunt across the Golden Gate Bridge and be prepared to get the royal treatment from [Purevana](#). The decadent two-hour Pure Heaven Massage features several modalities (Cranio-Sacral therapy, reflexology, Red Flower aromatherapy), as well as the deeply profound Acutonic sound healing. Similar to acupuncture, special tuning forks will be used to revitalize the body's meridians. Trust us, you'll be floating for hours on end.

433 Miler Ave., Mill Valley; 415-381-1511



Photo Courtesy of SenSpa



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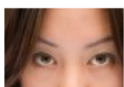
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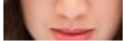
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A San Francisco native, Tami loves to write about dining, fashion, beauty and travel. She has also written for AOL Digital City, Caviar Affair magazine and AOL's When.com.

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