

Poetic Catalyst ©

By Connie J. Schlosberg

Poetry is an unusual art where most of the time the giver is also the receiver. It's the inspiration that fills your breath and life lives outside of it. When you relive your emotions through poetry you are experiencing the fire or numbness that empowered you to feel it in the first place. Its soothing rhythm comforts you like a favorite lullaby that would whisper in your ear as a child. This comfort bridges the message between the poet and the poet's audience.

Sometimes the prose is your intimate companion but usually it's your brat. The prose is your catalyst; it transcends you. Reveal it and the world sees your soul weeping, which is why most poems remain private. The art of poetry discovers oneself as its own religion. The journey is the verses that play with you in exchange for your sanity. Once you collect it and engage it and mold it, you find relief that forms a pathway to freedom.