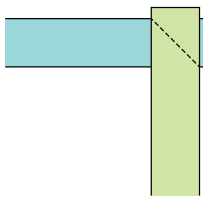
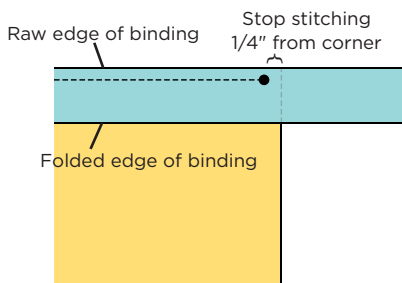


# How to Bind a Quilt

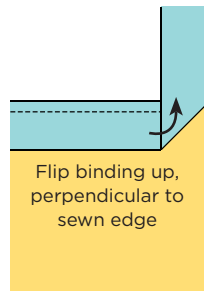
1. Cut fabric into 2-1/4-inch-wide strips for binding.
2. Join two strips by placing ends right sides together and sewing at a 90-degree angle. Trim seam allowance to 1/4 inch; press open. Repeat with all binding strips to create one long piece of binding that measures the quilt perimeter plus about 12 inches.



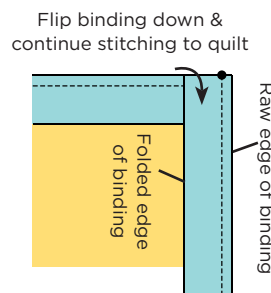
3. Fold binding strip in half lengthwise, wrong sides together; press.
4. Beginning near center of one edge and with right sides together, match binding strip raw edges to quilt raw edge. Using a 1/4-inch seam allowance, begin stitching binding to quilt about 6 inches from binding end.
5. To miter corners, stop stitching about 1/4-inch away from corner and backstitch.



Fold binding back on itself, perpendicular to edge you have just sewn.

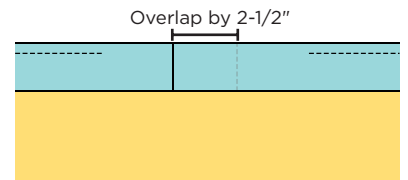


Fold binding down again so that binding raw edge makes a horizontal fold that aligns with the quilt edge. Starting from top of horizontal fold, continue stitching binding to quilt. Follow this procedure for all corners.

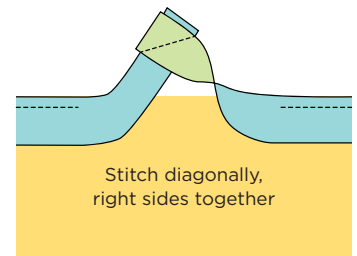


6. Stop sewing binding to quilt about 6 inches away from starting point; trim binding to about 6 inches. You should now have two unstitched ends of binding that overlap.

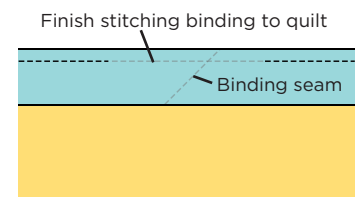
7. Lay binding ends flat along quilt edge and trim ends so that they overlap by 2-1/2 inches.



Place ends of binding perpendicular to one another, right sides together as you did to join strips in step 2. Pin and stitch binding together diagonally.



8. Trim seam allowance to 1/4-inch; press. Refold binding wrong sides together; press. Finish stitching binding to quilt top.



9. Fold binding over to wrong side and hand stitch binding in place, taking a few extra tack stitches at corners to secure miters.